



2006-2007 SC Healthy Schools Award Winners

Pauline-Glenn Springs Elementary School - Spartanburg 6

- **Eight-Component Award Winner**

Health and fitness is embedded in the PGS Elementary School total school program and is not seen as a separate component.

Physical activity is integrated throughout the curriculum.

Community partnerships have resulted in some grant funding to help implement healthy school initiatives and extensive programming and activities for parents are offered.

Improved attendance, increase in healthy snacks brought in by parents and teachers and improved playground safety.

Student involvement – The Youth Advisory Council (YAC) on nutrition, provides input on food preferences and grows herbs for daily use in meal preparation.

Healthy mid-morning snacks allowed in the classroom.

A Walking Club for faculty was implemented.

PGS developed an excellent Healthy School Improvement Action Plan.

Belton Middle School - Anderson Two

- *Health Education*
- *Physical Education/Activity*
- *School Health Services*
- *School Counseling, Psychological and Social Services*
- *Health Promotion for Staff*
- *Family and Community Involvement*

Health instruction is an integral part of the total curriculum at BMS. Health is taught as a nine-week course at each grade level.

Implementation of a staggered bell system reducing the number of students in the halls at one time has drastically reduced the number of hall incidents.

First Aid Kits in homeroom classes have decreased the number of students who go to the office for minor incidents.

Staff trained in CPR.

Staff Wellness and Education Training (S.W.E.A.T.) has reduced faculty/staff absenteeism and improved overall morale.

Administration and staff are accessible to all parents and community members through an “open-door” policy, and the school hosts several community events and activities.

La France Elementary School - Anderson 4

- *School Health Services*
- *School Counseling, Psychological and Social Services*

Increased student health screenings resulted in increased student referrals to community providers to address health issues.

Integrated health and guidance lessons are taught monthly by the school nurse and guidance counselor to address bullying, playground safety, and the importance of physical activity to healthy growth and development.

Westminster Elementary School - Oconee

- *Physical Education/Physical Activity*
- *Nutrition Services*
- *Staff Health Promotion*

WES PE Department established “Morning Movers” for physical activity before school. WES report increased physical activity among students.

Implementation of a staff wellness initiative has resulted in an increase in physical activity and healthy eating among staff.

Faculty and staff were provided healthier vending options to include diet beverages, juice and water, and a salad bar.

WES offers a variety of foods for breakfast and lunch, and noted less food waste.

Ala cart selections include vegetables, fruits and juices, and are priced lower than higher calorie items.

Food preparation practices to reduce fat content have been implemented – roasting and baking.

Students are involved in food taste-testing.